

Week 6

The physical, mental and emotional effects of music

Welcome: Delicious Music Theme Song

Getting to Know You: Hyrum, Rayn, Sailor, Joohna, Jack

Activity: Music makes you feel different emotions: happy, sad, scared, excited. Listen to music and see how you feel:

1. Excited:

Play: La Polka Militaire

Sing: Jingle bells (use bells)

2. Sad:

Play: Moonlight Sonata

Sing: if you chance to meet a frown

3. Scared:

Play: Pawnee Attack

I'm a mean old witch

I'm a mean old witch with a hat

And I ride on a broom with my cat

And my shoes are pointed and my chin is too

And you better watch out cause I might scare you

I'm a mean old witch with a hat. Boo!

4. Happy:

Play: Supercalifragilisticexpialidocious

Sing: If you're happy and you know it

Discussion: Music can make you feel so many emotions so always be careful to listen to music that makes you feel good and happy and avoid music that is harmful.

Goodbye: Adios Amigos

