

DM Lesson 1: **Welcome to Delicious Music!**

Ideas for each portion of this lesson are on the DM website.

Introductions (5-7 minutes)

- Introduce yourself
- Help the children introduce themselves

Teach the Delicious Music Theme Song (8 mins.)

- Sing and sign it first
- Teach them the signs, one at a time
- Add the music, very slowly
- Repeat it
- Tell them you will sing this at the beginning of class each time

Taste a Song/Do a Movement Activity (8 mins.)

- Explain the idea of tasting music this year together
- Tell them that they will usually get to move to music when they taste it
- Teach them the “rules” of movement:
 1. Stay in the little “space” around your body.
 2. Be careful not to bump into those around you.
 3. Stop moving when the music stops.
- Ask them questions about the song after you share it.

Teach the Goodbye Song (“Adios, Amigos”) (5 mins.)

- Sing it first with actions
- Explain that some of the words are in Spanish—another language that some children and their families speak that is different from English (the language we speak)
- Teach them the actions
- Sing it together
- Explain that you will sing it with them at the close of each class